



Dua after FARD Salah

1

RECITE ONCE

TRANSLATION AND REFERENCE

اللَّهُ أَكْبَرُ

Allah is the greatest.

Also recommended for: Dhikr | This should be implemented at all time to purify the Qalb (Heart)

Al Bhukari | Sahih Muslim 3/1685 | At Trimidi 2/1038 | Ahmed 5/218

2

RECITE ONCE

TRANSLATION AND REFERENCE

أَسْتَغْفِرُ اللَّهَ ، أَسْتَغْفِرُ اللَّهَ ، أَسْتَغْفِرُ اللَّهَ

I ask Allah to forgive me.

Also recommended for: Dhikr | This should be implemented at all time to purify the Qalb (Heart)

Sahih Muslim 1/414

3

RECITE ONCE

TRANSLATION AND REFERENCE

اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ، تَبَارَكْتَ يَا ذَا
الْجَلَالِ وَالْإِكْرَامِ

O Allah! You are peace and from You comes peace. Blessed are You, O owner of Majesty and Honour.

Also recommended for: Dua | Tashahhud

Abu Dawood 2/62 | Ibn Majah 2/1267 | At-Trimidhi 5/515 | Ahmed 5/360

4

RECITE ONCE

TRANSLATION AND REFERENCE

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ، وَشُكْرِكَ، وَحُسْنِ عِبَادَتِكَ

O Allah Assist me in remembering you, in thanking you, and worshipping you in the best of manners.

Also recommended for: Dua | Tashahhud

Al Bhukari 4/95 | Sahih Muslim 4/2071

5

RECITE ONCE

TRANSLATION AND REFERENCE

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ
شَيْءٍ قَدِيرٌ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ، لَا إِلَهَ إِلَّا اللَّهُ، وَلَا نَعْبُدُ إِلَّا إِيَّاهُ، لَهُ
التَّعَمُّةُ وَلَهُ الْفَضْلُ، وَلَهُ الثَّنَاءُ الْحَسَنُ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ
وَلَوْ كَرِهَ الْكَافِرُونَ

None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. There is no might nor power except with Allah, none has the right to be worshipped except Allah and we worship none except Him. For Him is all favor, grace, and glorious praise. None has the right to be worshipped except Allah and we are sincere in faith and devotion to Him although the disbelievers detest it.

Also recommended for: Dua | Dhikr/Tasweeh all day

Sahih Muslim 1/415

6

AS PER INSTRUCTION BELOW (33, 33, 33 + 1)

سُبْحَانَ اللَّهِ 33 الْحَمْدُ لِلَّهِ 33 اللَّهُ أَكْبَرُ 33

Followed by ONCE

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

TRANSLATION AND REFERENCE

Glorious is Allah.

Praises are due to Allah.

Allah is the greatest.

None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent.

Sahih Muslim 1/418

Also recommended for: Dua | Dhikr/Tasweeh all day

7

RECITE ONCE TEN TIMES AFTER FAJR & MAGHRIB

TRANSLATION AND REFERENCE

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، يُحْيِي وَيُمِيتُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise, He gives life and causes death and He is over all things omnipotent.

Sahih Muslim 1/418/ 597 | Ahmed 2/371

Also recommended for: Dhikr/Tasweeh all day

8

RECITE ONCE TEN TIMES AFTER FAJR & MAGHRIB

TRANSLATION AND REFERENCE

اللَّهُمَّ إِنِّي أَسْأَلُكَ رِضَاكَ وَالْجَنَّةَ، وَأَعُوذُ بِكَ مِنْ سَخَطِكَ وَالتَّارِ

O Allah! We ask You to be pleased with us, reward us with the Paradise and we seek Your refuge from Your anger and the punishment of the Fire.

Abu Dawood | Ibn Majah 2/328

Also recommended for: Dua | Tashahhud

9

RECITE ONCE

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ الْعَلِيُّ الْعَظِيمُ

2:255 Allah – there is no deity except Him, the Ever-Living, the Sustainer of [all] existence. Neither drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

Surah Al Baqarah 2: 255 | Al-Hakim 1/562 | An Nasai | at-Tabarani

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

10

RECITE ONCE TEN TIMES AFTER FAJR & MAGHRIB

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ ① اللَّهُ الصَّمَدُ ② لَمْ يَلِدْ وَلَمْ يُولَدْ ③ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ④

112:1 Say, "He is Allah, [who is] One.
112:2 Allah, the Eternal Refuge.
112:3 He neither begets nor is born.
112:4 Nor is there to Him any equivalent."

Translation: Sahih International

Al-Ikhlās | Abu Dawood 2/86 | An Nasai 3/68 | Al Albani | Sahih Timithi 2/8

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

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RECITE ONCE TEN TIMES AFTER FAJR & MAGHRIB

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾
وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾

In the name of Allah, the Entirely Merciful, the Especially Merciful

113:1 Say, "I seek refuge in the Lord of daybreak.
113:2 From the evil of that which He created.
113:3 And from the evil of darkness when it settles.
113:4 And from the evil of the blowers in knots.
113:5 And from the evil of an envier when he envies."

Translation: Sahih International

Al-Falaq | Abu Dawood 2/86 | An Nasai 3/68
| Al Albani | Sahih Timithi 2/8

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

12

RECITE ONCE TEN TIMES AFTER FAJR & MAGHRIB

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ
الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾ مِنَ الْجِنَّةِ
وَالنَّاسِ ﴿٦﴾

In the name of Allah, the Entirely Merciful, the Especially Merciful

114:1 Say, "I seek refuge in the Lord of mankind.
114:2 He Sovereign of mankind.
114:3 The God of mankind.
114:4 From the evil of the retreating whisperer.
114:5 Who whispers [evil] into the breasts of mankind.
114:6 From among the jinn and mankind."

Translation: Sahih International

An-Naas | Abu Dawood 2/86 | An Nasai 3/68
| Al Albani | Sahih Timithi 2/8

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

13

RECITE ONCE

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ
إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ
اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ، وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ
إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

O Allah, let Your Blessings come upon Muhammad and the family of Muhammad, as you have blessed Ibrahim and his family. Truly, You are Praiseworthy and Glorious.

Allah, bless Muhammad and the family of Muhammad, as you have blessed Ibrahim and his family. Truly, You are Praiseworthy and Glorious.

Al Bhukari 1/286 797 | Sahih Muslim 1/301
402

Also recommended for: Dua | Tashahhud | Any time Durood