



1

## UPON GOING TO SLEEP

TRANSLATION

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

O Allah in Your name, I die and I live.

Sahih Muslim 4/2083 | Fateh Al Bari 11/113

2

## WAKE UP FROM SLEEP

TRANSLATION

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

All praise be to Allah, who gave us life after death (sleep is a form of death) and to Him will we be raised and returned.

Sahih Muslim 4/2083 | Fateh Al Bari 11/113

3

## ENTERING THE TOILET

TRANSLATION

بِسْمِ اللَّهِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

In the name of Allah. O Allah I seek refuge in You from the male female evil and Jinn's.

Al Bhukari 1/45 | Sahih Muslim 1/283

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## LEAVING THE TOILET

TRANSLATION

غُفْرَانَكَ، الْحَمْدُ لِلَّهِ الَّذِي أَذْهَبَ عَنِّي الْأَذَى وَعَافَانِي

O Allah, I seek forgiveness and pardon from You. All Praise be to Allah, who removed the difficulty from me and gave me ease (relief).

Abu Dawood | Ibn Majah | At-Tirmidhi

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## START OF WUDU

TRANSLATION

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

In the name of Allah, the Entirely Merciful, the Especially Merciful.

Abu Dawood | Ibn Majah | Imam Ahmed

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## COMPLETION OF WUDU

TRANSLATION AND REFERENCE

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

I testify that there is no one worthy of worship besides Allah. He is all by Himself and has no partner and I testify that Muhammad is Allah's messenger (Rasool).

Also recommended for: Dhikr/Tasweeh all day

Sahih Muslim 1/209

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## ENTERING THE MASJID

TRANSLATION

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

In the Name of Allah, and peace and blessings be upon the Messenger of Allah, O Allah, open the doors of mercy.

Abu Dawood | Ibn As Sunan 888 | Al Albani

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## LEAVING THE MASJID

TRANSLATION

بِسْمِ اللَّهِ، وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

In the Name of Allah, and peace and blessings be upon the Messenger of Allah. O Allah, I ask for Your favour. O Allah, verily I seek from You, Your bounty.

Abu Dawood | Sahee Al Jaami 4591

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## BEFORE THE MEALS

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ

In the name of Allah.

Also recommended for: Anything and everything before start

Abu Dawood 3/437 | At-Tirmidhi 4/288

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## FORGETTING TO RECITE BISMILLAH

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ فِي أَوَّلِهِ وَآخِرِهِ

In the name of Allah in the beginning and end.

Also recommended for: Anything and everything before start

Abu Dawood 3/437 | At-Tirmidhi 4/288

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## AFTER MEALS

TRANSLATION

Dua 1

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

Dua 1

Praise is to Allah Who has given me this food, and sustained me with it though I was unable to do it and powerless.

Dua 2

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنَا وَسَقَانَا وَجَعَلَنَا مُسْلِمِينَ

Dua 2

All praise belongs to Allah, who fed us and quenched our thirst and made us Muslims.

Dua 3

اللَّهُمَّ بَارِكْ لَنَا فِيهِ وَأَطْعِمْنَا خَيْرًا مِنْهُ

Dua 3

O Allah, You grant us blessings in it and grant us better than it.

Dua 1: At-Tirmidhi 3/159 | Abu Dawud | Ibn Majah Dua 2: Ibn Majah 3283 | Abi Dawud 3850 | At-Tirmidhi 3457

Dua 3: At-Tirmidhi 5/506

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## DUA BEFORE SALAM

TRANSLATION

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، وَمِنْ عَذَابِ جَهَنَّمَ، وَمِنْ فِتْنَةِ الْمَحْيَا  
وَالْمَمَاتِ، وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ

O Allah, I seek refuge in You from the punishment of the grave, and from the punishment of Hell-fire, and from the trials of life and death, and from the evil of the trial of the False Messiah.

Also recommended for: Tashahhud, before Salam

Al-Bukhari 2/102 | Muslim 1/412

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## WHEN LEAVING HOME

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

I depart with Allah's name, relying on Him. It is Allah who saves us from sins with His guidance (the ability to do so).

Also recommended for: Leaving anything ie: Car, Bus, Train, Plane etc

Sahih Muslim 1/209

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## WHEN ENTERING HOME

TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى رَبِّنَا تَوَكَّلْنَا

In the Name of Allah we enter, in the Name of Allah we leave and upon our Lord we depend.

Then say: "As-Salaamu Alaykum" to those present.

At-Tirmidhi 5/490 | Abu Dawood 4/325

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## ON JOURNEY

TRANSLATION AND REFERENCE

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ

Allah is pure, He has given control and without His power we would not have any control without doubt we are to return to him.

Also recommended for: Any journey ie: Car, Bus, Train, Plane etc

Abu Dawood 3/34 | At-Tirmidhi 5/501 | 3/156

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## RETURN FROM JOURNEY

TRANSLATION AND REFERENCE

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ، آيِبُونَ  
تَائِبُونَ عَابِدُونَ، لِرَبِّنَا حَامِدُونَ

Allah is pure, He has given control and without His power we would not have any control without doubt we are to return to him, we return, repent, worship and praise our Lord.

Abu Dawood 3/34 | At-Tirmidhi 5/501 | 3/156

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## WHEN SNEEZING

TRANSLATION AND REFERENCE

الْحَمْدُ لِلَّهِ

All praise is for Allah.

Also recommended for: On all activities to thank Allah

Al Bhukari 7/125

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## HEARING SOMEONE SNEEZE

TRANSLATION AND REFERENCE

يَرْحَمُكَ اللَّهُ

May Allah have mercy on you.

Al Bhukari 7/125

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## SNEEZERS REPLIES BACK

TRANSLATION AND REFERENCE

يَهْدِيكُمْ اللَّهُ وَيُصْلِحُ بِأَلْسِنَتِكُمْ

May Allah guide you and rectify your condition.

Al Bhukari 7/125

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## ENTERING THE MARKET

TRANSLATION AND REFERENCE

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، يُحْيِي وَيُمِيتُ، وَهُوَ حَيٌّ  
لَا يَمُوتُ، بِيَدِهِ الْخَيْرُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise. He gives life and causes death, and He is living and does not die. In His hand is all good and He is over all things, omnipotent.

At-Tirmidhi 5/291 | Al Hakim 1/538 | Ibn Majah 2/21

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## HAVING RELATION WITH WIFE

## TRANSLATION AND REFERENCE

بِسْمِ اللَّهِ، اللَّهُمَّ جَنِّبْنَا الشَّيْطَانَ، وَجَنِّبِ الشَّيْطَانَ مَا رَزَقْتَنَا

In the Name of Allah,  
O Allah! Keep us away from Satan and keep Satan away from what You have bestowed upon us.  
And if Allah has ordained a child for them, Satan will never harm him.

Abu Dawood 2/248 | Ibn Majah 1/617

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## AFTER ADHAAN

## TRANSLATION AND REFERENCE

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ، وَالصَّلَاةِ الْقَائِمَةِ، آتِ مُحَمَّدًا الْوَسِيلَةَ  
وَالْفَضِيلَةَ، وَابْعَثْهُ مَقَامًا مَحْمُودًا، الَّذِي وَعَدْتَهُ، إِنَّكَ لَا تَخْلِفُ الْمِيعَادَ

Oh Allah! Lord of this perfect call and this prayer to be established, grant Muhammad Al-wasilah (a high and special place in Jannah) and Al-fadheelah (a rank above the rest of creation) and raise him to a praised platform which you have promised him.

Al Bhukari 1/152

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## DUA FOR JANAZA

## TRANSLATION AND REFERENCE

اللَّهُمَّ اغْفِرْ لِحَيِّنَا وَمَيِّتِنَا، وَشَاهِدِنَا وَغَائِبِنَا، وَصَغِيرِنَا وَكَبِيرِنَا،  
وَذَكَرِنَا وَأُنْثَانَا، اللَّهُمَّ مَنْ أَحْيَيْتَهُ مِنْنَا فَأَحْيِهِ عَلَى الْإِسْلَامِ، وَمَنْ تَوَفَّيْتَهُ  
مِنْنَا تَوَفَّهُ عَلَى الْإِيمَانِ، اللَّهُمَّ لَا تَحْرِمْنَا أَجْرَهُ، وَلَا تُضِلَّنَا بَعْدَهُ

O Allah, forgive our living and our dead, those present and those absent, our young and our old, our males and our females. O Allah, whom amongst us You keep alive, then let such a life be upon Islam, and whom amongst us You take unto Yourself, then let such a death be upon faith. O Allah, do not deprive us of his reward and do not let us stray after him.

Ibn Majah 1/480 | Imam Ahmed 2/268

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## REMEMBRANCE AND GLORIFICATION OF ALLAH

## TRANSLATION AND REFERENCE

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، سُبْحَانَ اللَّهِ الْعَظِيمِ

How perfect Allah is and I praise Him. How perfect Allah is, The Supreme.

Also recommended for: Dhikr | This should be implemented at all time to purify the Qalb (Heart)

Al Bhukari 4/2071

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## REMEMBRANCE AND GLORIFICATION OF ALLAH

## TRANSLATION AND REFERENCE

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

O Allah You are The One Who pardons greatly, and loves to pardon, so pardon me.

Also recommended for: Dhikr/Tasweeh all day | Dua of Ramadan

At-Tirmidhi 9/201 | 1195

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## REMEMBRANCE AND GLORIFICATION OF ALLAH

## TRANSLATION AND REFERENCE

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

There is no might nor power except with Allah.

Also recommended for: Dhikr/Tasweeh all day

Al Bhukari | Sahih Muslim 4/2076

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## REMEMBRANCE AND GLORIFICATION OF ALLAH

## TRANSLATION AND REFERENCE

سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ

Glory be to Allah. All Praise is for Allah, There is No God but Allah, Allah is the Greatest.

Also recommended for: Dhikr | This should be implemented at all time to purify the Qalb (Heart)

Sahih Muslim 3/1685 | 4/2072

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## ONE IN DISTRESS

TRANSLATION AND REFERENCE

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ، إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

None has the right to be worshipped except you. How perfect you are, verily I was among the wrong doers.

Also recommended for: Dhikr/Tasweeh all day

Sura An Anbiyah 21:87

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## LEAVING ALL AFFAIR TO ALLAH

TRANSLATION AND REFERENCE

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allah (Alone) is Sufficient for us, and He is the Best Disposer of affairs (for us).

Also recommended for: Dhikr/Tasweeh all day

Quran 3:173 | Al Bhukari 5/172

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## PROTECTION FROM HELLFIRE

TRANSLATION AND REFERENCE

اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ

O Allah, save me from the fire.

Also recommended for: Dua | Sujood | Ruku | Tashahhud | Fajr | Maghrib

Abu Dawood 5079

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## FEAR OF SHIRK

TRANSLATION AND REFERENCE

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ أَنْ أَشْرِكَ بِكَ شَيْئًا أَعْلَمُ، وَأَسْتَغْفِرُكَ لِمَا لَا أَعْلَمُ

O Allah we seek refuge in You from associating anything with You knowingly, and we seek Your forgiveness for what we do unknowingly.

Also recommended for: Dua | Tashahhud | Adhkar

Imam Ahmed 4/403

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## PLACING CHILDRENS UNDER ALLAH'S POTECTION

TRANSLATION AND REFERENCE

أَعِيذُكُمْ بِكَلِمَاتِ اللَّهِ التَّامَّةِ، مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ، وَمِنْ كُلِّ عَيْنٍ لَامِئَةٍ

I seek protection for you in the Perfect Words of Allah from every devil and every beast, and from every envious blameworthy eye.

Also recommended for: Ruquiya | Dua

Al Bukhari 4/119

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## DUA FOR THE PARENTS

TRANSLATION AND REFERENCE

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

14:41 Our Lord! Forgive me and my parents, and (all) the believers on the Day when the reckoning will be established.

رَبِّ ارْحَمْهُمَا كَمَا رَبَّيْتَنِي صَغِيرًا

17:24 My Lord! Have mercy on them both as they did care for me when I was young.

Also recommended for: Dua | Tashahhud | Second part on Sujood and Ruku

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## WHEN BREAKING FAST

TRANSLATION AND REFERENCE

ذَهَبَ الظَّمَأُ، وَابْتَلَّتِ العُرُوقُ، وَثَبَتَ الأَجْرُ إِنْ شَاءَ اللهُ

The thirst has quenched and left wetness and with the will of Allah, reward is proven (certain).

Abu Dawood 2/306 | Al Albani | Sahih Al Jami | As Saghir 4/209

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## WHEN VISITING SICK

TRANSLATION AND REFERENCE

لَا بَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ

Do not worry, it will be a purification (for you) Allah willing.

Al Bukhari | Al Asqalani Fath Al Bari 10/118

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## FOR GOOD HEALTH (RECITE 7 TIMES)

TRANSLATION AND REFERENCE

أَسْأَلُ اللَّهَ الْعَظِيمَ، رَبَّ الْعَرْشِ الْعَظِيمِ، أَنْ يَشْفِيكَ

I ask Almighty Allah, Lord of the Magnificent Throne, to make you well.

At-Tirmidhi 2/210 | Abu Dawood | Al Albani | Sahih Al Jami | As Saghir 5/180

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## CURE OF ANY ILLNESS

TRANSLATION AND REFERENCE

أَذْهِبِ الْبَأْسَ رَبَّ النَّاسِ، وَاشْفِ أَنْتَ الشَّافِي، لَا شِفَاءَ إِلَّا شِفَاؤُكَ، شِفَاءٌ لَا يُعَادِرُ سَقَمًا

O Lord of the people, remove this pain and cure it, You are the one who cures and there is no one besides You who can cure, grant such a cure that no illness remains.

Also recommended for: Dua | Tashahhud

Al Bukhari | Sahih Muslim

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## VISITING THE GRAVES

TRANSLATION AND REFERENCE

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَإِنَّا إِنْ شَاءَ اللَّهُ بِكُمْ لَاحِقُونَ، نَسْأَلُ اللَّهَ لَنَا وَلَكُمْ الْعَافِيَةَ

Peace be upon you, people of this abode, from among the believers and those who are Muslims, and we, by the Will of Allah, shall be joining you. I ask Allah to grant us and you strength.

Sahih Muslim 2/671 | Ibn Majah 1/494

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## ANY DIFFICULT AFFAIRS

TRANSLATION AND REFERENCE

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا، وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا

O Allah, there is no ease except in that which You have made easy, and You make the difficulty, if You wish, easy.

Also recommended for: On all troublesome affairs | Exams | Test

Mishkat | Ibn Hibban 327 | Ibn As Sunni 351

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ فَإِنَّكَ تَقْدِرُ  
وَلَا أَقْدِرُ وَتَعْلَمُ وَلَا أَعْلَمُ وَأَنْتَ عَلَّامُ الْغُيُوبِ اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ

## MENTION THE MATTER BY NAME

خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي فَاقْدُرْهُ لِي وَيَسِّرْهُ لِي ثُمَّ بَارِكْ لِي فِيهِ وَإِنْ كُنْتَ تَعْلَمُ  
أَنَّ هَذَا الْأَمْرَ شَرٌّ فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أَمْرِي فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ وَاقْدُرْ لِي  
لِخَيْرٍ حَيْثُ كَانَ ثُمَّ ارْضِنِي بِهِ

O Allah, I seek Your guidance (in making a choice) by virtue of Your knowledge, and I seek ability by virtue of Your power, and I ask You of Your great bounty. You have power, I have none. And You know, I know not. You are the Knower of hidden things. O Allah, if in Your knowledge, this matter (Then it should be mentioned by name) is good for me both in this world and in the Hereafter (or in my religion, my livelihood and my affairs) then ordain it for me, make it easy for me, and bless it for me. And if in Your knowledge it is bad for me and for my religion, my livelihood and my affairs (or for me both in this world and the next) then turn me away from it (and turn it away from me) and ordain for me the good wherever it may be and make me pleased with it.

Al Bhukari 7/162

## Qunoot 1

اللَّهُمَّ اهْدِنَا فِيمَنْ هَدَيْتَ، وَعَافِنَا فِيمَنْ عَافَيْتَ، وَتَوَلَّنَا فِيمَنْ تَوَلَّيْتَ  
وَبَارِكْ لَنَا فِيمَا أَعْطَيْتَ، وَقِنَا شَرَّ مَا قَضَيْتَ، إِنَّكَ تَقْضِي وَلَا يُقْضَى  
عَلَيْكَ، إِنَّهُ لَا يَدُلُّ مَنْ وَالَيْتَ، وَلَا يَعْزُ مَنْ عَادَيْتَ، تَبَارَكْتَ رَبَّنَا وَتَعَالَيْتَ

## DUA QUNOOT 1

O Allaah, guide us among those whom You have guided, pardon us among those whom You have pardoned, turn to us in friendship among those on whom You have turned in friendship, and bless us in what You have bestowed, and save us from the evil of what You have decreed. For verily You decree and none can influence You; and he is not humiliated whom You have befriended, nor is he honoured who is Your enemy. Blessed are You, O Lord, and Exalted.

## Qunoot 2

اللَّهُمَّ إِنَّا نَسْتَعِينُكَ، وَنَسْتَغْفِرُكَ، وَنُؤْمِنُ بِكَ، وَنَتَوَكَّلُ عَلَيْكَ، وَنُثْنِي  
عَلَيْكَ الْخَيْرَ، وَنَشْكُرُكَ، وَلَا نَكْفُرُكَ، وَنَخْلَعُ، وَنَتْرُكُ مَنْ يَفْجُرُكَ، اللَّهُمَّ  
إِيَّاكَ نَعْبُدُ، وَلَكَ نُصَلِّي، وَنَسْجُدُ وَإِلَيْكَ نَسْعَى، وَنَحْفِدُ وَنَرْجُو رَحْمَتَكَ  
وَنَخْشَى عَذَابَكَ إِنَّ عَذَابَكَ بِالْكَفَّارِ مُلْحِقٌ

## DUA QUNOOT 2

O Allah! We beg help from You alone; ask forgiveness from You alone, and turn towards You and praise You for all the good things and are grateful to You and are not ungrateful to You and we part and break off with all those who are disobedient to you. O Allah! You alone do we worship and pray exclusively to You and bow before You alone and we hasten eagerly towards You and we fear Your severe punishment and hope for Your Mercy as your severe punishment is surely to be meted out to the unbelievers.

Qunoot 1: Abu Dawood 1425 | At-Tirmidhi 464 | An-Nasa'i 1746  
Qunoot 2: Al-bayhaqi 2/210

Also recommended for: Witr Salah | Dua