**Recite Once**

1: **Translation and Reference**

1: In the name of Allah, the Entirely Merciful, the Especially Merciful.

1: [All] praise is [due] to Allah, Lord of the worlds.

1: The Entirely Merciful, the Especially Merciful.

1: Sovereign of the Day of Recompense.

1: It is You we worship and You we ask for help.

1: Guide us to the straight path.

1: The path of those upon whom You have bestowed favour, not of those who have evoked [Your] anger or of those who are astray.

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Also recommended for: Al Shifa | Before sleeping | Ruquiya | Sick/Evil eye

Sura Al Fateha

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**Recite Once**

2: **Translation and Reference**

2: Bismillaahir Rahmaanir Raheem

2: Alif Laam Meem.


2: Alatazeena yu'minoona bilghaibi wa yu'qee-moonas salaata wa mim'maa razaqa'hum yun'fiqoon.

2: Wal'lazaena yu'minoona bima ur'zila ilaika wa-maa ur'zila min qablika wa bil aakhirati hum yu'qinoon.

2: Ulaa'ika as'laa hudam-mir rabbihi,'in wa ulaa'ika humul mulfihoon.

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Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al Baqarah 2:1-5

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**Recite Once**

3: **Translation and Reference**

3: Bismillaahir Rahmaanir Raheem

3: 2:255 Allah – there is no deity except Him, the Ever-Living, the Sustainer of [all] existence.

3: Neither drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills.

3: His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

---

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al Baqarah 2:255
2:256 There shall be no compulsion in [acceptance of] the religion. The right course has become clear from the wrong. So whoever disbelieves in Taghut and believes in Allah has grasped the most trustworthy handhold with no break in it. And Allah is Hearing and Knowing.

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al Baqarah 2:256

2:257 Allah is the ally of those who believe. He brings them out from darknesses into the light. And those who disbelieve – their allies are Taghut. They take them out of the light into darknesses. Those are the companions of the Fire; they will abide eternally therein.

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al Baqarah 2:257

2:284 To Allah belongs whatever is in the heavens and whatever is in the earth. Whether you show what is within yourselves or conceal it, Allah will bring you to account for it. Then He will forgive whom He wills and punish whom He wills, and Allah is over all things competent.

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al Baqarah 2:284

2:285 The Messenger has believed in what was revealed to him from his Lord, and [so have] the believers. All of them have believed in Allah and His angels and His books and His messengers, [saying], We make no distinction between any of His messengers. And they say, We hear and we obey. [We seek] Your forgiveness, our Lord, and to You is the [final] destination.

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al Baqarah 2:285
2:286 Allah does not charge a soul except [with what within] its capacity. It will have [the consequence of] what [good] it has gained, and it will bear [the consequence of] what [evil] it has earned. Our Lord, do not impose blame upon us if we have forgotten or erred. Our Lord, and lay not upon us a burden like that which You laid upon those before us. Our Lord, and burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people.

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

Al-Baqarah 2:286

In the name of Allah, the Entirely Merciful, the Especially Merciful

112:1 Say, He is Allah, [who is] One.
112:2 Allah, the Eternal Refuge.
112:3 He neither begets nor is born.
112:4 Nor is there to Him any equivalent.

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

Al-Ikhlas | Abu Dawood 2/86 | An Nasai 3/68
| Al Albani | Sahih Timithi 2/8

In the name of Allah, the Entirely Merciful, the Especially Merciful

113.1 Say, I seek refuge in the Lord of daybreak.
113.2 From the evil of that which He created.
113.3 And from the evil of darkness when it settles.
113.4 And from the evil of the blowers in knots.
113.5 And from the evil of an envious when he envies.

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

Al-Falaq | Abu Dawood 2/86 | An Nasai 3/68
| Al Albani | Sahih Timithi 2/8

In the name of Allah, the Entirely Merciful, the Especially Merciful

114.1 Say, I seek refuge in the Lord of mankind.
114.2 He Sovereign of mankind.
114.3 The God of mankind.
114.4 From the evil of the retreat whizzer.
114.5 Who whispers [evil] into the breasts of mankind.
114.6 From among the jinn and mankind.

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

Al-Naas | Abu Dawood 2/86 | An Nasai 3/68
| Al Albani | Sahih Timithi 2/8
We have reached the evening and at this very time unto Allah belongs all sovereignty, and all praise is for Allah. None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. My Lord, I ask You for the good of this night and the good of what follows it and I take refuge in You from the evil of this night and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.

Also recommended for: Before sleeping | Ruqiya | Sick/Evil eye | Guarding empty home

Sahih Muslim 4/2088 and 2723 | At-Trimidhi 3390

We have reached the evening upon the fitrah of Al-Islam, and the word of pure faith, and upon the religion of our Prophet Muhammad and the religion of our forefather Ibrahim, who was a Muslim and of true faith and was not of those who associate others with Allah.

Also recommended for: Dua anytime or in Tashahhud

Imam Ahmad 15367 | Sahih Al-Jami 4674

O Allah, I have reached the evening with blessings, strength and concealment of my shortcomings, all of which are from You. So complete all the blessings and strength from You and the concealment for me in this life and the hereafter.

Also recommended for: Dua anytime or in Tashahhud

Kitab Al Azkar Al-Uthaymeen | Ibn Sonny

O Allah, by Your leave we have reached the evening and by Your leave we have reached the morning, by Your leave we live and die and unto You is our return.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 5068 | At-Tirmidhi 3391 | Ibn Majah 3868

O Allah, what blessing I or any of Your creation have risen upon, is from You alone, without partner, so for You is all praise and unto You all thanks.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/324
<table>
<thead>
<tr>
<th>Page 5</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>17</strong></td>
</tr>
<tr>
<td>يَا رَبِّ يَا رَبِّ الْحَمْدُ گُمَامِاِبَّنِيِبِيِ لِجِلَالِيِ وَجِهِ وَعَظُوْمِ ِسَلَّمْاَکَ</td>
</tr>
<tr>
<td>O my Lord, all praises be to You as it should be due to Your Might and the Greatness of Your Power.</td>
</tr>
<tr>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
</tr>
<tr>
<td>Kitab Al Azkar Al-Uthaymeen</td>
</tr>
<tr>
<td><strong>18</strong></td>
</tr>
<tr>
<td>رَضِيْتُ بِاللهِ وَبِالإِسْلَامِ وَبِمُحمَّدِ صَلَّيْلُهُ عَلَيْهِ وَسَلَّمَ تَبِيْناً وَرَسُوْلاً</td>
</tr>
<tr>
<td>I have accepted Allah as my Lord; and Islam as my way of life; and Muhammad ﷺ As Allah's Prophet and the Messenger.</td>
</tr>
<tr>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
</tr>
<tr>
<td>Abu Dawood 4/318</td>
</tr>
<tr>
<td><strong>19</strong></td>
</tr>
<tr>
<td>اللَّهُمَّ إِنِّي أسْأَلُكُ الْمَعْفوَنَ وَالْعَفَايَنَةَ فِي الدُّنْيَا وَالآخِرَةِ اللَّهُمَّ إِنِّي أَسْأَلُكُ الْمَعْفوَنَ وَالْعَفَايَنَةَ فِي الدُّنْيَا وَالآخِرَةِ اللَّهُمَّ إِنِّي أَسْأَلُكُ الْمَعْفوَنَ وَالْعَفَايَنَةَ</td>
</tr>
<tr>
<td>O Allah, I ask You for pardon and well-being in this life and the next. O Allah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and my wealth. O Allah, veil my weaknesses and set at ease my dismay, and preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth.</td>
</tr>
<tr>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
</tr>
<tr>
<td>Ibn Majah 2/323</td>
</tr>
<tr>
<td><strong>20</strong></td>
</tr>
<tr>
<td>سَبِيحَانَ اللَّهُ وَيَحْمِدهُ عَدَدُ خَلِیْقِهِ وَضَرَافَتْهُ وَزَنَةَ عَرْشِهِ وَمِدَادَ كِلْمَاتِهِ</td>
</tr>
<tr>
<td>How perfect Allah is, and I praise Him by the number of His creation and His pleasure, and by the weight of His throne, and the ink of His words.</td>
</tr>
<tr>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
</tr>
<tr>
<td>Sahih Muslim 4/2090</td>
</tr>
<tr>
<td><strong>21</strong></td>
</tr>
<tr>
<td>يَسْمِىُ اللَّهُ الَّذِي لَا يُشْرَىٰ مَعَهُ ُسَمِيُّ الْأَزْوَاجِ وَلَا فِي السَّمَائِ وَهُوَ السَّمِيُّ الْعَلِيمُ</td>
</tr>
<tr>
<td>In the name of Allah with whose name nothing is harmed on earth nor in the heavens and He is The All-Seeing, The All-Knowing.</td>
</tr>
<tr>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
</tr>
<tr>
<td>Abu Dawood 4/323</td>
</tr>
</tbody>
</table>
Recite three times

0 Allah, I take refuge in You lest I should commit shirk with You knowingly and I seek Your forgiveness for what I do unknowingly.

Also recommended for: Dua anytime or in Tashahhud

Kitab Al Azkar Al-Uthaymeen | Ahadith Mokhtara Limaqdesy

Recite three times

I seek protection in the perfect words of Allah from every evil that He has created.

Also recommended for: Dua anytime or in Tashahhud

Imam Ahmed 2/290

Recite once

O Allah, You are my Lord, none has the right to be worshipped except You, You created me and I am Your servant and I abide to Your covenant and promise as best I can, I take refuge in You from the evil of which I have committed. I acknowledge Your favour upon me and I acknowledge my sin, so forgive me, for verily none can forgive sin except You.

Also recommended for: Dua anytime or in Tashahhud

Al Bhukari 7/150
<table>
<thead>
<tr>
<th>Page</th>
<th>Recitation</th>
<th>Translation and Reference</th>
</tr>
</thead>
<tbody>
<tr>
<td>27</td>
<td><strong>Recite Four Times</strong></td>
<td>أَلْلَهُ إِنِّي أَمْسِيْتُ أَشَهِدْكُمْ أَنْ أَقِمُ وُجُوبَيْنَ، وَعَمَّيْكُمْ، وَجَمِيعُ حَلَقِكُمْ أَنَّكُمْ أَلَّا إِلَّا أُنْتُ، وَخَلَقْتَ لَهُمْ كُلَّ مَكَانٍ أَنَّكُمْ مُحْتَدَاءُ عَبْدُكَ وَرَسُولُكَ.</td>
</tr>
<tr>
<td></td>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
<td>Abu Dawood 4/317</td>
</tr>
<tr>
<td>28</td>
<td><strong>Recite Three Times</strong></td>
<td>أَلْلَهُ إِنِّي أَمْسِيْتُ أَشَهِدْكُمْ أَنْ أَقِمُ وُجُوبَيْنَ، وَعَمَّيْكُمْ، وَجَمِيعُ حَلَقِكُمْ أَنَّكُمْ أَلَّا إِلَّا أُنْتُ، وَخَلَقْتَ لَهُمْ كُلَّ مَكَانٍ أَنَّكُمْ مُحْتَدَاءُ عَبْدُكَ وَرَسُولُكَ.</td>
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<tr>
<td></td>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
<td>Abu Dawood 4/324</td>
</tr>
<tr>
<td>29</td>
<td><strong>Recite Seven Times</strong></td>
<td>أَلْلَهُ إِنِّي أَمْسِيْتُ أَشَهِدْكُمْ أَنْ أَقِمُ وُجُوبَيْنَ، وَعَمَّيْكُمْ، وَجَمِيعُ حَلَقِكُمْ أَنَّكُمْ أَلَّا إِلَّا أُنْتُ، وَخَلَقْتَ لَهُمْ كُلَّ مَكَانٍ أَنَّكُمْ مُحْتَدَاءُ عَبْدُكَ وَرَسُولُكَ.</td>
</tr>
<tr>
<td></td>
<td>Also recommended for: Dua anytime or in Tashahhud</td>
<td>Abu Dawood 4/321</td>
</tr>
<tr>
<td>30</td>
<td><strong>Recite One Hundred Times</strong></td>
<td>لا إِلَهَ إِلَّا إِلَهُ الْحَمْدُ وَحَمْدُهَا وَحَمْدُ لَهُ الْمَلَائِكَةِ وَالْمُجَاهِدُ، وَهُوَ عَلَى كُلٍّ شَيْءٍ قَدْرُهُ.</td>
</tr>
<tr>
<td></td>
<td>Also recommended for: Dhikr/Tasweeh all day</td>
<td>Sahih Muslim 4/2071</td>
</tr>
<tr>
<td>31</td>
<td><strong>Recite One Hundred Times</strong></td>
<td>سَبْحَانَ اللَّهِ وَبَخْمِهِ، سَبْحَانَ اللَّهِ الْمُتَّقِينَ</td>
</tr>
<tr>
<td></td>
<td>Also recommended for: Dhikr</td>
<td>Al Bukhari 6405</td>
</tr>
</tbody>
</table>