### Sura Al Fateha

1:1 In the name of Allah, the Entirely Merciful, the Especially Merciful.

1:2 [All] praise is [due] to Allah, Lord of the worlds.

1:3 The Entirely Merciful, the Especially Merciful.

1:4 Sovereign of the Day of Recompense.

1:5 It is You we worship and You we ask for help.

1:6 Guide us to the straight path.

1:7 The path of those upon whom You have bestowed favour, not of those who have evoked [Your] anger or of those who are astray.

Also recommended for: All Shifa | Before sleeping | Ruqiyah | Sick/Evil eye

### Sura Al Baqarah 2:1-5

2:255 Allah – there is no deity except Him, the Ever-Living, the Sustainer of [all] existence. Neither drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

Also recommended for: Before sleeping | Ruqiyah | Sick/Evil eye | Guarding empty home

### Sura Al Baqarah 2:25

2:25 Allah – there is no deity except Him, the Ever-Living, the Sustainer of [all] existence.

Neither drowsiness overtakes Him nor sleep. To Him belongs whatever is in the heavens and whatever is on the earth. Who is it that can intercede with Him except by His permission? He knows what is [presently] before them and what will be after them, and they encompass not a thing of His knowledge except for what He wills. His Kursi extends over the heavens and the earth, and their preservation tires Him not. And He is the Most High, the Most Great.

Also recommended for: Before sleeping | Ruqiyah | Sick/Evil eye | Guarding empty home

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**MORNING ADHKAR**

**Chapter 2**

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**RECITE ONCE**

TRANSLATION AND REFERENCE

Also recommended for: Before sleeping | Ruqiyah | Sick/Evil eye | Guarding empty home

Also recommended for: Before sleeping | Ruqiyah | Sick/Evil eye | Guarding empty home
**Recite Once**

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| 2:256 | There shall be no compulsion in [acceptance of] the religion. The right course has become clear from the wrong. So whoever disbelieves in Taghut and believes in Allah has grasped the most trustworthy handhold with no break in it. And Allah is Hearing and Knowing.  
Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home |

| 2:257 | Allah is the ally of those who believe. He brings them out from darknesses into the light. And those who disbelieve – their allies are Taghut. They take them out of the light into darknesses. Those are the companions of the Fire; they will abide eternally therein.  
Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home |

| 2:284 | To Allah belongs whatever is in the heavens and whatever is in the earth. Whether you show what is within yourselves or conceal it, Allah will bring you to account for it. Then He will forgive whom He wills and punish whom He wills, and Allah is over all things competent.  
Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home |

| 2:285 | The Messenger has believed in what was revealed to him from his Lord, and [so have] the believers. All of them have believed in Allah and His angels and His books and His messengers, [saying], We make no distinction between any of His messengers. And they say, We hear and we obey. [We seek] Your forgiveness, our Lord, and to You is the [final] destination.  
Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home |
2:286 Allah does not charge a soul except with its capability. It will have the consequence of what it has gained, and it will bear the consequence of what it has earned. Our Lord, do not impose blame upon us if we have forgotten or erred. Our Lord, and lay not upon us a burden like that which You laid upon those before us. Our Lord, and burden us not with that which we have no ability to bear. And pardon us; and forgive us; and have mercy upon us. You are our protector, so give us victory over the disbelieving people.

Also recommended for: Before sleeping | Ruquiya | Sick/Evil eye | Guarding empty home

Al-Baqarah 2:286
We have reached the morning and at this very time unto Allah belongs all sovereignty, and all praise is for Allah. None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. My Lord, I ask You for the good of this night and the good of what follows it and I take refuge in You from the evil of this night and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.

Also recommended for: Before sleeping | Ruquiyah | Sick/Evil eye | Guarding empty home

Sahih Muslim 4/2088 and 2723 | At-Trimidhi 3390

We have risen the morning upon the fitrah of al-Islam, and the word of pure faith, and upon the religion of our Prophet Muhammad and the religion of our forefather Ibrahim, who was a Muslim and of true faith and was not of those who associate others with Allah.

Also recommended for: Dua anytime or in Tashahhud

Imam Ahmad 15367 | Sahih Al-Jami 4674

O Allah, by Your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and die and unto You is our return.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 5068 | At-Tirmidhi 3391 | Ibn Majah 3868

O Allah, I have reached the morning with blessings, strength and concealment of my shortcomings, all of which are from You. So complete all the blessings and strength from You and the concealment for me in this life and the hereafter.

Also recommended for: Dua anytime or in Tashahhud

Kitab Al Azkar Al-Uthaymeen | Ibn Sonny

O Allah, I have reached the morning with blessings, strength and concealment of my shortcomings, all of which are from You. So complete all the blessings and strength from You and the concealment for me in this life and the hereafter.

Also recommended for: Dua anytime or in Tashahhud

Kitab Al Azkar Al-Uthaymeen | Ibn Sonny

O Allah, what blessing I or any of Your creation have risen upon, is from You alone, without partner, so for You is all praise and unto You all thanks.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/324
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</table>
> يا أبا لة الحمد كما ينبغي لجلال وجه وعظيم سلطانك

O my Lord, all praises be to You as it should be due to Your Might and the Greatness of Your Power.

Also recommended for: Dua anytime or in Tashahhud

Kitab Al Azkar Al-Uthaymeen | Itahzeeb Al-Kamali Lilmazi

| 18   | Recite Three Times | 
> رضيتُ بالله تابعًا، وبالإسلام دينًا، ومحمدًا صلى الله عليه وسلم نبيًا ورسولاً

I have accepted Allah as my Lord; and Islam as my way of life; and Muhammad ﷺ As Allah’s Prophet and the Messenger.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/318

| 19   | Recite Once | 
> اللهم إني أسألك المفعول بالعافية في الدنيا والآخرة اللهم إني أستأمرك المفعول بالعافية في الدنيا والآخرة، وأهديني ومايلي اللهم استر عواريي وأميني وغانيي وأحنطني من بين يديي ومن خلفيي ومن قوفيي ومن فوقنيي وأعوُو وأعطُيماك أن أعمل من تخياني

O Allah, I ask You for pardon and well-being in this life and the next. O Allah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and my wealth. O Allah, veil my weaknesses and set at ease my dismay, and preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth.

Also recommended for: Dua anytime or in Tashahhud

Ibn Majah 2/323

| 20   | Recite Three Times | 
> سبحان الله وحمده ودعاهمد ورضاهمد وسماه ونعمه ورضاه وسعده وמידاد كلماته

How perfect Allah is; and I praise Him by the number of His creation and His pleasure, and by the weight of His throne, and the ink of His words.

Also recommended for: Dua anytime or in Tashahhud

Sahih Muslim 4/2090

| 21   | Recite Three Times | 
> يقسم الله الذي لا يقسم عاميّة في الأرض ولا في السما و هو السميع الحكيمن

In the name of Allah with whose name nothing is harmed on earth nor in the heavens and He is The All-Seeing, The All-Knowing.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/323 | At-Trimithi 5/465
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<td>َاللّهُمَّ إِنِّي أُعْوَدُ أَنْ أَشْرَكَ بِكَ وَأَعْفَغُ اِلْهَمَّ أَعْلَمُ وَأَسْتَغْفِرُ لِذَلِكَ</td>
<td><strong>O Allah, I take refuge in You lest I should commit shirk with You knowingly and I seek Your forgiveness for what I do unknowingly.</strong></td>
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<td>**Kitab Al Azkar Al-Uthaymeen</td>
<td>Ahadith Mokhtara Limaqdesy**</td>
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<td>أَعْوَدُ ذِي كُلِّ مَا تُقَدِّمُونَ مِنْ شَرِّ ما خَلَقَ</td>
<td><strong>I seek protection in the perfect words of Allah from every evil that He has created.</strong></td>
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<td><strong>Imam Ahmed 2/290</strong></td>
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<td><strong>Also recommended for: Dua anytime or in Tashahhud</strong></td>
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<td>َاللّهُمَّ عَلَمَ الْغَيْبَ وَالشَّهَىْءَةَ فَاصْلِ الْسَّمَاوَاتِ وَالْأَرْضِ رَبُّ كَلِّ شَيْءٍ</td>
<td><strong>O Ever Living, O self-subsisting and supporter of all, by Your mercy I seek assistance, rectify for me all of my affairs and do not leave me to myself, even for the blink of an eye.</strong></td>
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<td><strong>At-Thirmidi 3/142</strong></td>
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<td><strong>Also recommended for: Dua anytime or in Tashahhud</strong></td>
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<td>يَا حَيُّ يَا خَلِيفُ الْمَلَائِكَةِ بِرَحْلِكَ أَسْتَنْبِئُ أَصْلَحُ لِسَأْلِي كُلُّهُ وَلَا تَكُونِي إِ لىْ نَفْسِي طَرِيقًا عَيْنَٰ</td>
<td><strong>O Ever Living, O self-subsisting and supporter of all, by Your mercy I seek assistance, rectify for me all of my affairs and do not leave me to myself, even for the blink of an eye.</strong></td>
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<td><strong>Sahih Tergib Ue Terhib 1/273</strong></td>
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<td>َاللّهُمَّ أَنتَ رَبِّي لَا إِلَإِهَ إِلَّا أَنتَ خَلِقَتِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعَدْتَ أَنْ أَشْرَكَ بِكَ وَأَعْفَغُ اِلْهَمَّ أَعْلَمُ وَأَسْتَغْفِرُ لِذَلِكَ</td>
<td><strong>O Allah, You are my Lord, none has the right to be worshipped except You, You created me and I am Your servant and I abide to Your covenant and promise as best I can, I take refuge in You from the evil of which I have committed. I acknowledge Your favour upon me and I acknowledge my sin, so forgive me, for verily none can forgive sin except You.</strong></td>
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<td><strong>Al Bukhari 7/150</strong></td>
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27 RECITE FOUR TIMES
O Allah, verily I have reached the morning and call on You, the bearers of Your throne, Your angels, and all of Your creation to witness that You are Allah, none has the right to be worshipped except You, and that Muhammad ﷺ is Your servant and Messenger.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/317

28 RECITE THREE TIMES
O Allah, grant my body health, O Allah, grant my hearing health, O Allah, grant my sight health. None has the right to be worshipped except You, O Allah, I take refuge with You from disbelief and poverty, and I take refuge with You from the punishment of the grave. None has the right to be worshipped except You.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/324

29 RECITE SEVEN TIMES
Allah is sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/321

30 RECITE ONCE
We have reached the morning and at this very time all sovereignty belongs to Allah, Lord of the worlds. O Allah, I ask You for the good of this day, its triumphs and its victories, its light & its blessings and its guidance, and I take refuge in You from the evil of this day and the evil that follows it.

Also recommended for: Dua anytime or in Tashahhud

Abu Dawood 4/322

31 RECITE 100 TIMES
None has the right to be worshipped except Allah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent.

Also recommended for: Dhikr/Tasweeh all day

Sahih Muslim 4/2071

32 RECITE 100 TIMES
All Glory is to Allah and all praise to Him, glorified is Allah the Great.

Also recommended for: Dhikr | This should be implemented at all time to purify the Qalb (Heart)

Al Bukhari 6405 | Sahih Muslim 4/2071