

## STEP 1

### About app contents

#### About this app

This App is to help you understand the core elements of performing Umrah and Hajj.

#### **The Chapter include:**

- Women menstrual.
- Procedure on sick, illness and elders.
- Detailed Fiqh.
- The procedures for Ifrad and Qiran Hajj.

**The app is mainly focussing on Umrah and Tamattu Hajj.**

**Note:** Make sure you have sufficient knowledge if you are travelling with women, sick or elders.

## STEP 2

### Travel preparation

#### Health and illness prevention

- Get all your important vaccination in advance.
- Get sufficient medicine if you are on a prescription.
- **Optional** – Face masks, painkiller, cough, cold and flu tablets or syrup.
- Pharmacy are available in both Makkah and Medina.

## STEP 3

### Obtaining knowledge

#### Hajj & Umrah knowledge

#### Get your knowledge

- Attend Hajj seminars
- Reading authentic books
- Knowledgeable Sheikh or Imams
- Online lectures
- Memorise important Duas

#### Recommended books

- Hajj Umrah and Ziyarah by Abdul-Aziz Bin Abdullah Bin Baz
- Hisnul Muslim or Fortress of the Muslim (Available in various languages)
- Download good Apps.

#### **WARNING: Following others without knowledge**

Do not follow or join with others on any Ibadah that you are not 100% sure. Many Bid'ah and Shirk takes place by different groups or people which looks pleasing in the eyes.

## **STEP 4**

### **Settling worldly affairs**

#### **Repent and settling debt**

##### **Repent**

- Make sincere Tawba for all your sins.
- Ask forgiveness from your Parents, Family, Friends and Neighbours.

##### **Outstanding Debt**

- Make sure to pay all your outstanding debt.
- If not possible - Make an arrangement or agreement with the lender.
- Make sure that your debts are made aware by your family members.

## STEP 5

### Travel Essentials

#### Buying all necessary items

Only buy what is necessary for the duration. Do not buy excessive.

#### List of basic items:

- Ihram.
- Ihram belt.
- Good comfortable walking sandals **(Must)\***.
- A bag to carry sandals **(Must)**.
- Tooth brush and paste.
- Device charger/ Power bank.
- Perfume free deodorants, cream etc.
- Sleeping bag (for Muzdalifah, may be required).
- An Umbrella
- Good water bottle/flask

**NOTE:** There is no specific clothing for the women; they may wear any comfortable clothing like Burka.

\* DO NOT compromise on buying cheap sandals.

## STEP 6

### Hajj & Umrah advise

#### Being Patients

Being patient is a big part of your Hajj and Umrah. Your patience will be tested throughout your Hajj and Umrah journey.

- Do not involve in unnecessary Fiqh issues.
- Control your emotions when finding an opportunity to kiss the black stone (Hajar Al-Aswad) as it tends to get frustrating to find an opportunity to get close.
- Do not obstruct Tawaf to pray behind Maqam-e-Ibrahim.
- Do not harm any Hajjis with your tongue.

*In Sha Allah* you will be rewarded for being patient.

## STEP 7

### **Al-Haram**

#### Your responsibility for the house of Allah

The boundary of the Al-Haram is scattering with litter and food! Be respectful to the house of Allah.

Be responsible and keep the holiest place on earth clean and tidy.

## **STEP 8**

### **Before starting journey**

#### **Before leaving home**

#### **Before leaving home**

- Get all necessary documentation packed.
- Check passport and visa validity.
- Pack all necessary items.

#### **Personal task**

- Take a shower.
- Remove all un-wanted hairs.
- Clip your nails.
- Trim moustache etc.
- You may use perfume if you are not wearing Ihram.

#### **Recommended**

You may perform 2 Raka'ah Nafil with Surah Kafirun and Ikhlas at home or at the airport. (Before or after wearing the Ihrām).

**STEP 9**

**Starting the journey**

**Dua when leaving home**

بِسْمِ اللَّهِ ، تَوَكَّلْتُ عَلَى اللَّهِ وَلَا حَوْلَ  
وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismil-lah, tawakkaltu alal-lah, wala hawla wala  
quwwata illa billah.

## STEP 10

### Umrah

#### Wearing Ihrām

**IMPORTANT!** Ihram MUST be worn before reaching Miqat.

#### **When and where to wear Ihram**

Wearing Ihram depends on where you are travelling first (Makkah or Medina). Also based on your flights.

#### **Travelling to Makkah**

- You can wear Ihram from your house.
- From your city airport.
- From transit airport terminal.

**WARNING:** All restriction applies once you are in Ihram; decide which is the best option that suits you most.

#### **Travelling to Medina**

- Wear your normal clothing, do not wear Ihram.

**Note:** There is the Miqat point for the people travelling from Medina to Makkah for Umrah, known as Dhu'l-Hulayfah.

Your coach/bus/taxi will stop there for you to get into Ihram.

**IMPORTANT** - You must then follow all the steps from **STEP 9** when travelling from Medina or other cities to Makkah.

## STEP 11

### Umrah

#### Dua for Journey

Recite the following Dua when travelling towards the airport (Journey).

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ،  
سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ  
مُقِرِّينَ، وَإِنَّا إِلَى رَبِّنَا لَمُنْقَلِبُونَ،  
اللَّهُمَّ إِنَّا نَسَأُ لَكَ فِي سَفَرِنَا هَذَا  
الْبِرَّ وَالْتِقَاكَ، وَمِنَ الْعَمَلِ مَا  
تَرْضَى، اللَّهُمَّ هَوِّنْ عَلَيْنَا سَفَرَنَا  
هَذَا وَاطْوِ عَنَّا بُعْدَهُ، اللَّهُمَّ أَنْتَ  
الصَّاحِبُ فِي السَّفَرِ، وَالْخَلِيفَةُ فِي  
الْأَهْلِ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ  
وَعَثَاءِ السَّفَرِ، وَكَآبَةِ الْمُنْظَرِ،  
وَسُوءِ الْمُنْقَلَبِ فِي الْمَالِ وَالْأَهْلِ

Allaahu akbar, Allaahu akbar, Allaahu akbar,

subhaan-alladhee sakhkhara lanaa haadhaa wa maa kunnaa  
lahu muqrineen, wa innaa ilaa rabbinaa la munqaliboon,

allaahumma innaa nas'aluka fee As-Safarinaa haadhal-birra  
wat-taqwaa, wa minal-'amali maa tarqaaa,

allaahumma hawwin 'alaynaa As-Safaranaa haadhaa watwi  
'anna bu'dah,

allaahumma antaṣ-ṣaaḥibu fis-As-Safar, wal-khaleefatu fil-  
ahl,

allaahumma innee a'oodhu bika min wa'thaa'-is-As-Safar,  
wa ka'abat-il-manzari, wa soo'-il-munqalabi fil-maali wal-  
ahl.

## STEP 12

### Umrah

#### Upon wearing the Ihrām

#### **When do I make Niyyah and reciting Talbiyah?**

- DO NOT make the Niyyah now.  
(Make Niyyah before reaching Miqat)
  
- DO NOT start reciting the Talbiyah.  
(Talbiyah are to be recited after making the Niyyah)

## STEP 13

### Umrah

#### Before arriving toward Miqat

#### **Wearing Ihrām (FARD)**

- You **MUST** wear the Ihrām by now; it is FARD to wear Ihrām before reaching Miqat.
- Perfumes or anything that has been scented is **NOT** permissible after wearing Ihrām.

#### **Making Niyyah for Umrah (FARD)**

- Make Niyyah for the Umrah now.

(Allah-hummah labba-ye-ka bil Umrah)

**Note:** Niyyah can be made in your own language, once Niyyah is made all Ihrām restriction applies.

#### **Reciting Talbiyah (WAJIB)**

- Men to start reciting Talbiyah in audible voice.
- Women recite Talbiyah without any sound.

**Note:** Minimum once is Wajib. Continue reciting Talbiyah throughout the journey.

STEP 14

Umrah

Tilbiyah (Dua)

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَكَ  
لَبَّيْكَ، اِنَّا لِحَمْدِكَ، وَالنِّعْمَةُ لَكَ وَالْمُلْكُ،  
لَا شَرِيكَكَ

Labbayk-allaahumma labbayk, labbayka laa  
shareeka laka labbayk, innal-ḥamda wan-ni`mata  
laka wal mulk, laa shareeka lak.

## STEP 15

### Umrah

#### Upon arriving in Hajj terminal (Jeddah)

- Expect long immigration.
- Foods and drinks are available outside the airport Hajj terminal.
- Follow your group instruction.
- Continue Talbiyah during the airport stay and toward travelling to your hotel (Makkah).

## STEP 16

### Umrah

#### Travelling to hotel

Continue reciting Talbiyah throughout the full journey from airport to the hotel.

#### Arriving at the Hotel

- Leave all belongings. Eat, shower and rest.
- Your next task is to perform Umrah therefore, you need to be fully prepared mentally and physically.

**NOTE:** Your group will decide when to perform Umrah (be prepared) and carefully follow their instruction if this is your first time.

## STEP 17

### Umrah

#### Preparing for Umrah

#### Wudu

**NOTE:** You MUST be in a state of Wudu when performing Umrah (Tawaf).

- Make Wudu from the hotel.
- Continue reciting Talbiyah until you reach Masjid Al-Haram.

**NOTE:** The group will recommend you to follow them during the Umrah, however this is unrealistic and high possibility are bound to get lost in the crowd.

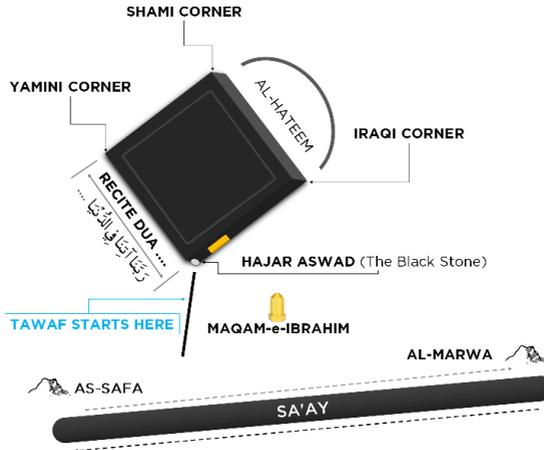
If you manage to stay with the group then the Khushu of Umrah decreases as your focus on the group instead of Umrah.

**ADVISE:** Find a suitable meet-up area outside Al-Haram complex and let the group leader know that you will meet them at the designated location after performing the Umrah.

## STEP 18

### Umrah

#### Understanding Al-Haram (with Image)



#### Advice

- Try getting familiar with Al-Haram.
- Find out where the exit and Wudu areas are located.
- Zamzam is available throughout Al-Haram complex.
- Setup a 'meet-up' location inside and outside Al-Haram especially if you are with family.

## STEP 19

### Umrah

#### Entering Al-Haram to perform Umrah

**IMPORTANT:** Make sure you are in a state of Wudu.

(Wudu area is available inside and outside of Al-Haram)

- Enter Al-Haram from any gates with right foot first.
- Upon enter STOP reciting Talbiyah.
- Recite the following Dua upon entering Al-Haram.

بِسْمِ اللَّهِ، وَالصَّلَاةِ وَالسَّلَامِ عَلَى  
رَسُولِ اللَّهِ، اَللّٰهُمَّ افْتَحْ لِيْ اَبْوَابَ رَحْمَتِكَ

*Bismil-lah, wassalatu wassalamu ala rasoolil-lah,  
allahummaf tah-lee aab-wa ba rahmatik.*

- You may recite the optional Dua.

بِسْمِ اللَّهِ، وَالصَّلَاةِ وَالسَّلَامِ عَلَى رَسُولِ اللَّهِ،  
اَللّٰهُمَّ اغْفِرْ لِيْ ذُنُوْبِيْ، وَاَفْتَحْ لِيْ  
اَبْوَابَ رَحْمَتِكَ، اَعُوْذُ بِاللّٰهِ الْعَظِيْمِ،  
وَبِوَجْهِهِ الْكَرِيْمِ، وَبِسُلْطٰنِهِ الْقَدِيْمِ  
مِنَ الشَّيْطٰنِ الرَّجِيْمِ

Bismillah, Was-Salatu Was-Salamu 'Ala Rasulillah, Allahum Ighfir Lee Thunûbi, Wa Iftah Lee Abwab Rahmatik, 'A'uthu Billahi Al'Atheem, Wa Bi Wajihini Al-Kareem, Wa Bissultanihi Al-Qadeem Minal-Shaytanil Rajjeem

## **STEP 20**

### **Umrah**

#### **After entering Al-Haram**

#### **Upon seeing Baitullah (Ka'bah)**

Recite Al-Fatiha, raise your hands and make sincere Dua, either in Arabic or in your own language.

#### **Tahiyatul Masjid**

There is no Tahiyatul Masjid or any other Nafil Salah before Umrah.

#### **Fard Salah due**

Only Fard Salah is permissible if due before starting Tawaf.

## STEP 21

### Umrah

#### Starting the Tawaf

**IMPORTANT:** Tawaf starts from the Hajar Al-Aswad corner (black stone).

There is a black mark (line) on the floor where Tawaf start.

#### Ihram position

Wear your Ihram under your right armpit and over your left shoulder during all SEVEN Tawaf.



#### Upon reaching the black line (Hajar Al-Aswad)

- Raise your right hand toward Hajar Al-Aswad and recite...

بِسْمِ اللَّهِ اللَّهُ أَكْبَرُ

Bismillah'hi Allah hu Akbar.

#### ... and start Tawaf

Note: Kissing Hajar Al-Aswad is unrealistic at most time; it is sinful to hurt Haji's just to kiss the Hajar Al-Aswad.

**NOTE:** It is permissible to raise hand and start Tawaf when kissing hajar Al-Aswad is not possible.

## STEP 22

### Umrah

During all SEVEN round (Tawaf)

**REMEMEBER:** To wear the Ihram is under your right armpit and over your left shoulder.

##### ENTER IMAGE #####

**During the first THREE round (Tawaf)**

- Men to Rami (hasten/power walk).
- Women to walk as normal.

**For the remaining the last FOUR round (Tawaf)**

- Men and women walk normal

**Yamini corner to Hajar Al-Aswad**

- Men and women walk normal
- Recite Specific Dua (See step 23)

## STEP 23

### Umrah

#### Dua During all SEVEN round (Tawaf)

**Yamini corner to Hajar Al-Aswad** (Walk normal)

Recite the following Dua as many times as possible.

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ  
حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana atina fid-dunya hasanatan wa fil 'akhirati hasanatan waqina 'adhaban-nar.

#### **Dua for other THREE corners and during all SEVEN Tawaf**

There is no specific Duas are to be recited during seven Tawaf except for above.

- Recite any Dua's from memory.
- Recite Qur'ān .
- Make Istighfar.
- Ask forgiveness for all your sins.
- Make Dua for family and friends.

**NOTE:** Dua can be in any language.

**WARNING:** Stay away from any group Duas, specific Dua for each round and avoid following other.

Be sincere on your Duas, open your heart, cry and ask Allah's forgiveness.

## STEP 24

### Umrah

#### Wudu breaks During Tawaf

You MUST be in the state of Wudu for Tawaf. If Wudu breaks, find the nearest Wudu area and make Wudu.

- After Wudu, you don't need to start Tawaf from the beginning.
- Remember your COMPLETED Tawaf before your Wudu broke.
- Start your remaining incomplete Tawaf from Hajar Al-Aswad.

**Example:** After completed 3 rounds, your Wudu breaks midway during the 4<sup>th</sup> round, which means you, have completed 3 rounds therefore after Wudu you would make up 4 more round to complete the Tawaf.

## STEP 25

### Umrah

After all SEVEN round (Tawaf) completed

- Now cover your both shoulders with Ihram.



### Offering 2 Rakah behind Maqam-e-Ibrahim

Pray 2 Rakah with Sura Kafirun and Ikhlas as close as conveniently possible behind Maqam-e-Ibrahim, without obstructing other Haji's who is performing Tawaf.

**Note:** This may not be possible during the Hajj period; however it is permissible pray anywhere within the Al-Haram.

### Drinking Zamzam water

Drink Zamzam water (available throughout Al-Haram)

**Recommended:** rub Zamzam water on your face and body and make Dua.

(Always drink plenty of Zamzam during your stay).

**Recite following Dua when drinking Zamzam water.**

اللَّهُمَّ إِنِّي أَسْأَلُكَ عِلْمًا نَافِعًا  
وَرِزْقًا وَاسِعًا وَشِفَاءً مِنْ كُلِّ دَاءٍ

Allahumma inni as'aluka 'ilman nafian wa rizqan waasi'an wa shifa'an min kulli daa'in.

STEP 26

Umrah

Understanding Sa'i (Image)



- Sa'i is located on right side of Hajar Al-Aswad

## STEP 27

### Umrah

#### Going toward mount As-As-Safa (Sa'i)

Recite the following Dua when leaving the Ka'bah complex.

بِسْمِ اللَّهِ، وَالصَّلَاةِ وَالسَّلَامِ عَلَى  
رَسُولِ اللَّهِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

*Bismil-lah – wassalatu wassalamu ala rasoolil-lah, allahumma innee as-aluka min fadlik*



**IMPORTANT:** Make sure both of your shoulders are covered with Ihram.

Upon approaching Mount As-Safa, the following Ayat (verse) is to be recited.

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ  
حَجَّ الْبَيْتَ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ  
أَنْ يَطُوفَ بِهِمَا وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ  
اللَّهَ شَاكِرٌ عَلِيمٌ

*InnAs-As-Safa wal marwata min sha'a'irillahi faman Hajjal baita 'awi'tamara falaa janaaha 'alaihi an yattawwafa bihima wa man tatawwa'a khiran fa'innallaha shakirun 'aleem(un)*

## STEP 28

### Umrah

#### Upon reaching mount As-Safa

On top of mount As-Safa, face the Qiblah, raise your hand and recite 3 times the following Dua.

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ،  
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،  
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ  
شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ  
وَعْدَهُ، وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ  
وَحْدَهُ

Allahu Akbar, Allahu Akbar, Allahu Akbar, La illaha illAllahu wahdau la shareekalahu, laahul mulku wa laahul hamdu, wa huwa 'ala kulli shai'in qadeer. Laa ilaha illAllahu wahdahu anjaza wa'dahu, wa nasara 'abdahu wa hadhamal ahzaaba wahdahu.

**NOTE:** You may also make personal Dua before starting Sa'i.

**Start Sa'I** (Walk toward mount Al-Marwah)

## STEP 29

### Umrah

Start Sa'i and Duas.

#### Dua for Sa'i

There is no specific Dua for Sa'i, you may recite any Duas from heart, memory or by looking at good Dua books between mount As-Safa and Al-Mahwah.

You may also recite portions of the Qur'an.

You may recite the Dua below on Sa'i (Optional)

سُبْحَانَ اللَّهِ، وَالْحَمْدُ لِلَّهِ، وَلَا إِلَهَ  
إِلَّا اللَّهُ، وَاللَّهُ أَكْبَرُ. لَا حَوْلَ  
وَلَا قُوَّةَ إِلَّا بِاللَّهِ

SubhanAllah, walHamdulilah, wa La illaha ilAllahu,  
waAllahu Akbar, La hawla wa laqu-aata illah billah

#### Between 2 Green lights

- Men are to power walk (Rami).
- Women walk normal.

## STEP 30

### Umrah

#### Upon reaching mount Al-Marwa

On top of mount Al-Marwa, face the Qiblah, raise your hand and recite 3 times the following Dua.

اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ، اللَّهُ أَكْبَرُ،  
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ،  
لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ  
شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ أَنْجَزَ  
وَعْدَهُ، وَنَصَرَ عَبْدَهُ وَهَرَمَ الْأَحْزَابَ  
وَحْدَهُ

Allahu Akbar, Allahu Akbar, Allahu Akbar, La illaha illAllahu wahdau la shareekalahu, lahil mul ku wa lahil hamdu, wa huwa 'ala kulli shai'in qadeer. Laa ilaha illAllahu wahdahu anjaza wa'dahu, wa nasara 'abdahu wa hadhamal ahzaaba wahdahu.

#### Star walking toward mount As-Safa

##### Repeat procedure for 7 times

- You will repeat the same procedure for all 7 rounds.
- Your 7th round is to complete on mount Al-Marwa.

## STEP 31

### Umrah

After completing 7 round of Sa'i

- You may offer 2 Rakah Nafil on mount Al-Al-Marwah followed by a long Dua.

Leave Al-Haram toward the Barbers by reciting.

بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى  
رَسُولِ اللَّهِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

### Haircut

- Men are to either shave or trim. (Shaving is highly rewarded)
- Women to cut one inch (1") from the tip of their hair by a Mahram.

**Congratulation!** Your Umrah is now completed and FREE from all Ihram restrictions.

## STEP 32

### After Umrah

#### After completion of Umrah

Depending on your package you may have few free days before start of Hajj (8th Dhu Al-Hijjah).

#### What can you do or recommended

- You may visit various sites (arrange by your group) or by hiring private taxi.
- Try to spend maximum time in Al-Haram.
- Any opportunity, make Tawaf.
- Prey Nafil Salah in Al-Haram.
- Recite Qur'an.
- Memorize Suras and Duas.
- Learn and recite Morning and Evening Azkar (after Fajr and Asr).
- If tired - Just stare at the Ka'bah.

#### Performing Nafil Umrah

This is something not recommended before completing the Hajj.

You do not want to jeopardise your Hajj by becoming tired, ill or sick.

**All Nafil Umrah can be performed after Hajj.**